

# PROGRAMME OF ACTIVITIES

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
t	Children and Young People							
	Bunnies Preschool 9am - 12pm & 12 - 3pm (TT)	Bunnies Preschool 9am - 12pm & 12 - 3pm (TT)	Bunnies Preschool 9am - 12pm & 12 - 3pm (TT)	Bunnies Preschool 9am - 12pm & 12 - 3pm (TT)	Bunnies Preschool 9am - 1pm (TT)	Cats Karate 9 – 10.30am (TT)		
	Brownies 6 – 7.30pm (TT)		Guides 7 - 9pm (TT)			Reserved for event See our website for www.greatashbyco		
Sport, Health and Fitness								
		KDS Karate (17+ yrs) 7.30 – 9.30pm		Pilates 7.30 – 8.30pm	TS Kickboxing 6.45 – 7.45pm			
	Other Interests							
							Great Ashby Community Church 10.30am - 12.30pm	







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Children and Young People							
Future \\ Inspired 9 - 11.0			Brownies 6.30 - 8pm (TT)		Hartbeeps 9:30am – 1.30pm (TT)	Magikats 8.30 -11.30am	Great Ashby Community Church Sunday School 10.45 – 11.45am
					Stagecoach 4.15 – 5.45pm (TT)	Reserved for event h See our website for in www.greatashbycon	
Sport, Health and Fitness							
Bounce 5.45 – 6		Bounce 9.30 – 10.30am	Slimming World 9-11am	Bounce 9.30 – 10.30am	Legs, Bums & Tums 6.15 – 7.15pm (TT)		
		NHS Community Pulmonary Rehab 11am – 4pm	Philo Fit 11.30 – 12.30pm	NHS Community Pulmonary Rehab 11am – 4pm			
Other Interests							
Yards o 7 - 9pm (bookin essentia	g	Alive & Singing Choir 7.30-9.30pm		Pawsitive Dog Training 6 - 9pm (October – May)			







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t	Children and Young People						
Tappy <sup>-</sup> 9.15 – 1 (TT)	Toes 11.00am	Future Youth Inspired 10am - 12.00pm (TT)	Future Youth Inspired 12 - 3pm (TT)	The Wellbeing Junction 10.00 – 12.00pm (TT)	Future Youth Inspired 10am - 1.00pm (TT)		
Future Inspired 12 - 1.0		The Wellbeing Junction 4.30 – 7.30pm (TT)			MBL Dance 4.00 – 5.45pm		
Magika 4 -5.30							
Other Interests							
SANDS 8 - 10pi (2 <sup>nd</sup> Mo	m	Great Ashby Friendship Group 2 - 4pm	GA Community Council - Various Meetings	Great Gatsby Women's Institute 7 – 10pm (1 <sup>st</sup> Thursday)	Invis Ability 6 – 7.30pm (bi-weekly)	Yards of Sewing 9am – 3pm (booking essential)	P and B Dry Canine First Aid 4 - 8pm (once monthly, booking essential)
			GA Church - Various Meetings 8 - 9pm	GA Community Council - Various Meetings			
				Councillor Surgery 6 – 8pm (2 <sup>nd</sup> Thursday, until 11.09.2025)			



### GA CC MA Great Ashby Community Centre Management Association

# **GROUP CONTACT DETAILS**

Alive & Singing	Barbara 07710 007572 aliveandsinging@gmail.com	MBL Dance	Lian 07977 447176	
Bounce	https://bookwhen.com/bouncestevenage east	PandB Dry	Paula pandbdry@gmail.com	
Brownies and Guides	www.girlguiding.org.uk	Pawsitive Training	Leanne Sperry 07875 932209 <u>Iholding0606@gmail.com</u>	
Bunnies Pre School	admin@bunniespreschool.co.uk	Philo Fit	Charlotte 07854306774 charlotte@philofit.co.uk	
Cats Karate	Cats SKC stevenage@outlook.com	Pilates	sallyrobinson779@gmail.com 07866 451715	
Future Youth Inspired	Enquire at the office – 01438 365 392	SANDS	Enquire at the office – 01438 365 392	
Great Ashby Community Council	Kelly clerk@greatashbycouncil.org.uk	Slimming World	www.slimmingworld.co.uk	
Great Ashby Friendship Group	Enquire at the office – 01438 365 392	Stagecoach	stevenage@stagecoach.co.uk	
Hartbeeps	Kirstie.oliver@hotmail.co.uk	Tappy Toes	Jasmine 07842580868 jasmine@tappytoes.com	
Invis-ability	mark@invis-ability.org.uk	The Great Gatsby of Great Ashby Women's Institute	greatgatsbywi@hotmail.com	
KDS Karate Do Shotokai	Richard 07538 275 533 <a href="mailto:richard.plaskow@googlemail.com">richard.plaskow@googlemail.com</a>	The Wellbeing Junction	Ami <a href="mailto:thewellbeingjunction@gmail.com">thewellbeingjunction@gmail.com</a>	
Legs, Bums, and Tums	info@rhemawellnessclub.com 07445 265834	TS Kickboxing	Trevor Spencer 07940 715 717 tskickboxing@sky.com	
Magikats	Stefanie.k@magikats.co.uk 07979 571250	Yards of Sewing	Scarlett 07895 383895	